



Training & Education Center (TEC)

Morning Family & Friends Educational Support Group



Fall 2018

Please join us for coffee/tea, conversation and guest speakers on topics related to having a family member or friend with a mental health condition – And it's free for everyone!

- WHERE:** Mental Health Partnerships
1211 Chestnut Street – 11th Floor Conference Room
Center City Philadelphia, 19107
- WHEN:** Third Thursdays, 10 A.M. till noon
September 20, October 18, November 15 and December 20, 2018
- WHAT:** These sessions start with a 45-minute focused discussion around a topic of interest to family members, presented by a guest speaker or facilitator, followed by an opportunity for participants to share or give/get help with a question or concern

Thursday, September 20th: *Sharing of Important Resources* + support group

Thursday, October 18th: *Update on Mental Health System Advocacy: Victories and Challenges, by Jennifer Wolf, MHP Policy Specialist,* + support group

Thursday, November 15th: *What Are Healthy Boundaries?* + support group

Thursday, December 20th: *Lessons Learned This Year?* + support group

Registration preferred, but not required
Please contact 267-507-3863 or e-mail tecinfo@mhphope.org